

Brecksville-Broadview Heights Schools Foundation



Saturday, June 1, 2019
8:00 am

The Uphill Downhill Run is presented by the Brecksville-Broadview Heights Schools Foundation and is designed and dedicated to bringing awareness to mental health issues, the challenges they pose, and continue a dialogue around potential solutions. Participating in the run signals your awareness that mental health is a factor affecting our students and one that needs to be addressed and supported.

All proceeds from this run will be directed to BBHCSD mental health initiatives.

Race Location/Time:

City of Brecksville Municipal Lot and Route 21. Late Registration 7:00AM-7:45AM. Run and course open, 8:00AM-9:30AM. Resource vendor fair open until 11:30AM.

Course Description: A 2.2 mile run; one mile run uphill, running southbound on Rt. 21. Turn around at the top of the hill at Valley Parkway and run one mile downhill, returning to the start line. Course will be closed to northbound traffic and rerouted to the southbound lane. City of Brecksville Police Department will be on hand to assist.

This family-friendly run/walk event is open to all activity and ability levels.

Fees: All registrants will receive a T-shirt. Late registration t-shirt sizes are subject to availability.

- Community Member: \$20
- Student: \$15
- Family of 4 or more (up to 6): \$65
- Day of Registration: \$25 Community Member, \$20 Student, \$75 Family

Make Checks to: BBHSF, 6638 Mill Rd, Brecksville, OH 44141

Contact: Brittany Wigman | 440.785.9536 | Brittany.Wigman@gmail.com

Website: BBHSF.org/uphilldownhill

- Online registration available
- Additional race forms

**PRINT FORM ENTRIES MUST BE RECEIVED BY MAY 15, 2019
IN ORDER TO GUARANTEE REQUESTED T-SHIRT SIZE.**



UPHILL/DOWNHILL RUN ENTRY FORM & WAIVER

PLEASE PRINT LEGIBLY

Name _____ DOB _____

Address _____

City, State Zip _____

Phone _____ E-mail _____

Emergency Contact (Name/Phone): _____

SHIRT SIZE (circle One) Child: Large Adult: SM M L XL NONE

Waiver (MUST BE SIGNED)

I know that running [volunteering for] a road race is potentially hazardous activity, which could cause injury or death. I will not enter and participate unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform this event, and am in good health, and I am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I attest that I have read the rules of the race and agree to abide by them. I assume all risks associated with participating in this event, including but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Uphill Downhill Run, the City of Brecksville, the Brecksville-Broadview Heights City School District, and the Brecksville-Broadview Heights Schools Foundation, all event sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all the foregoing to use my photographs, motion pictures, recordings or any other record of this event for any legitimate purpose. I understand that this event does not provide for refunds in the event of a cancellation, and by signing this waiver, I consent that I am not entitled to a refund if the event is cancelled before or during the event.

All registered participants will be issued and must wear a bib as indication that waiver has been completed. Failure to wear assigned bib will result in dismissal from the event.

Signature: _____

Date: _____

Parent's Signature if under 18 years: _____

Date: _____

No refunds or transfers will be issued for any reason.

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